

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dojo Fit® TRX 9:00 AM - 9:45 AM	Dojo Fit® (Strength & Conditioning) 8:00 AM - 8:45 AM	Dojo Fit® TRX 9:00 AM - 9:45 AM	Dojo Fit® (Strength & Conditioning) 6:00 AM - 6:45 AM	Dojo Fit® (Strength & Conditioning) 9:00 AM - 9:45 AM	Dojo Fit® (Strength & Conditioning) 8:45 AM - 9:30 AM	Kickboxing Bag Class 8:45 AM - 9:30 AM
Dojo Kids 1 (Ages 6-8) 4:00 PM - 4:45 PM	Kickboxing Bag Class 9:00 AM - 9:45 AM	Kinder Kicks (Ages 4-5) 3:30 PM - 4:00 PM	Kickboxing Bag Class 9:00 AM - 9:45 AM		Kinder Kicks (Ages 4-5) 9:45 AM - 10:15 AM	
Junior Black Belt Club 4:45 PM - 5:30 PM	Tai Chi 12:00 PM - 12:45 PM	Dojo Kids 1 (Ages 6-8) 4:00 PM - 4:45 PM	Tai Chi 12:00 PM - 12:45 PM		Dojo Kids 1 (Ages 6-8) 10:15 AM - 11:00 AM	
Black Belt Club ADVANCED 5:30 PM - 6:15 PM	Kinder Kicks (Ages 4-5) 3:30 PM - 4:00 PM	Sparring 4:45 PM - 5:30 PM	Kinder Kicks (Ages 4-5) 3:30 PM - 4:00 PM		Dojo Kids 2 (Ages 9-12) 10:15 AM - 11:00 AM	
Tactical Kenpo Kickboxing (Teen/Adult) 6:15 PM - 7:15 PM	Dojo Kids 1 (Ages 6-8) 4:00 PM - 4:45 PM	Sparring 5:30 PM - 6:15 PM	Dojo Kids 1 (Ages 6-8) 4:00 PM - 4:45 PM			
	Dojo Kids 2 (Ages 9-12) 4:45 PM - 5:30 PM	Tactical Kenpo Kickboxing (Teen/Adult) 6:15 PM - 7:15 PM	Dojo Kids 2 (Ages 9-12) 4:45 PM - 5:30 PM			
	Junior Black Belt Club 4:45 PM - 5:30 PM		Junior Black Belt Club 4:45 PM - 5:30 PM			
	Black Belt Club ADVANCED 5:30 PM - 6:15 PM		Black Belt Club ADVANCED 5:30 PM - 6:15 PM			
	Kata (Teen/Adult) 6:15 PM - 7:15 PM		Kata (Teen/Adult) 6:15 PM - 7:15 PM			